# Fraternity House, Inc.

Keeping Love Alive

Caring family homes supporting San Diegans living with HIV/AIDS



# MISSION

To provide warm and caring homes where vulnerable people disabled by HIV/AIDS can receive comprehensive care and services in order to rebuild their health and return to independent living, or where they can spend their last days in comfort and dignity.

#### FOUNDING

Fraternity House, Inc. (FHI) began in the mid-1980's when one man opened his home to a few dying young men with nowhere to turn. The agency formally incorporated in

1988. Today, FHI operates San Diego County's only two licensed Residential Care Facilities for the Chronically III (RCF-CI), dedicated to serving low-income, homeless, senior and disabled individuals living with HIV/AIDS.

## **RESIDENT SERVICES**

FHI has evolved into into a comprehensive wrap-around service program with a focus on quality of life and supporting our diverse family of residents in achieving their highest level of independence.

## **Our RCF-CI Homes Provide:**

- 24-hour care in a family home environment
- a compassionate team of caregivers and resident support staff
- equal access to medical care and treatment, healthcare literacy
- three healthy, home cooked meals a day + snacks
- one-on-one case management and counseling
- assistance with Activities of Daily Living (ADLs)
- life skills (cooking, resume writing) & wellness activities
- transportation to community resources and sobriety groups
- outings to parks, museums, theatre, festivals and cultural events
- a supportive path to semi-independent living

January 2019 marked the opening of our Semi-independent Living Apartment program. Each Apartment is 2bedroom so Residents graduate from the houses with someone they have known from the program. Apartment Residents manage their own ADLs, medication, meals, and medical appointments.



#### Our Semi-Independent Living Apartments Provide:

- monthly one-on-one case management meeting
- weekly check-in by FHI
- care and support in the event of illness, surgery, or hospitalization
- continued offering of outings/ transport for resources and sobriety groups
- monthly public transit pass and disability transit training
- support with applying for higher education and/or employment development
- a path to independent living, including building positive credit and a rental history

#### IMPACT

Safe housing is healthcare! Our organization plays a critical role in San Diego County's HIV care continuum, providing for our most vulnerable, disenfranchised populations. Utilizing a four-pronged approach: end-of-life care, long-term care, transitional/ rehabilitative care, and semi-independent living apartments, FHI focuses on whole-person care, while ensuring no one is turned away, regardless of their ability to pay. As always, we remain cost-effective while keeping beds free in hospitals, ERs, and Skilled Nursing Facilities.

